



In this workshop parents will learn:

- Simple strategies to help children face everyday challenges without shutting down.
 - Tools to reduce screen dependence and encourage more real-world play.
- Confidence in supporting your child through discomfort and building resilience over time.

RAISING CHILDREN THRIVE IN EVERYDAY LIFE REAL-WORLD READY KIDS

WEDNESDAY OCTOBER 22ND

AT ST JOHN'S PRIMARY MULLU

6:00 PM - 8:00PM (REFRESHMENTS FROM 5.30PM)

Meet your Presenter:

Angela Lockwood, is an experienced Parent Educator and Occupational Therapist. Angela will guide you with practical insights and proven strategies to help you raise children who thrive in everyday life. www.angelalockwood.com.au



Catholic Schools Parent Assembly



Thanks for supporting vour child's success

Please register your attendance by clicking on the link or scanning the QR Code



Childcare Available please advise when registering